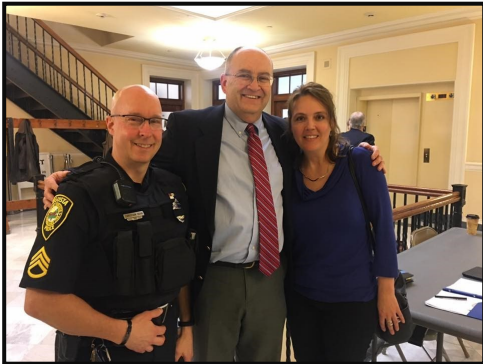




## Clubhouse Collaborates with Law Enforcement



police have positive interactions with Clubhouse members; this includes officers stopping by on a regular basis, participation in the advisory board, and attending lunch and after hours events and presentations on a variety of safety topics. The positive effects have been immeasurable as the stigma has decreased on both sides.



The Clubhouse has been busy spreading community awareness and promoting the importance of Crisis Intervention Training (CIT) for law enforcement. Matt Brown has been the driving force, partnering with the Clubhouse and the Augusta Police Department. Matt is a retired probation officer of 25 years, a certified alcohol and drug counselor, and an autism advocate for the Autism Society of Maine. Matt recently made a recommendation to the Criminal Justice and Public Safety Committee to increase CIT for officers.

The Clubhouse partnered with Matt Brown and Looking Ahead Clubhouse by presenting at the Chief of Police Annual Meeting in Portland. The Clubhouses shared their efforts and proactive works with local police departments in their community and shared de-escalation techniques. This included sharing the importance of law enforcement learning more about Clubhouse programs and increasing community partnerships. Clubhouse members Elizabeth Wing, Kevin Bush, and Christopher Lord shared their personal experiences with the officers. Christopher Lord stated “In the past I have had interactions with a lot of police. I address situations so much



different now than I did back then. If it wasn't for Clubhouse I wouldn't be where I am today. Now I know when the police show up they are here to help.” Elizabeth Wing shared “presenting at the board meeting was an interesting experience. It felt empowering for me to share my story.”

SSgt Behr has been an active participant with making sure the

## Welcome to Our New Unit Coordinators: Armand Cookson & Phoenix King



This Spring we welcomed two new staff members to our Clubhouse community. Armand comes to us with years of experience in the mental health field as well as a wealth of knowledge in information technology. He has settled in the Career Development Unit and has been working alongside members to develop new systems to track employment statistics. Phoenix has a background in Case Management and Community Integration Services. She has jumped right into the Membership Services Unit and has already started to develop a solid foundation of the Clubhouse Model and the importance of side by side work.

# Employment News

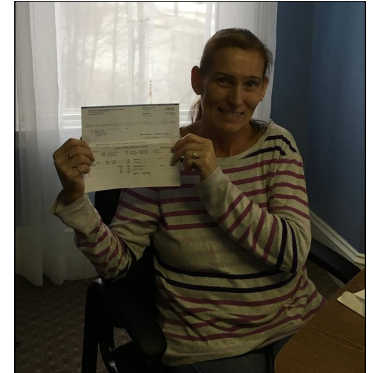
We Supported Many Members with Securing Employment this Quarter!



Matt Corey holding up his 1st paycheck from his TE.



Regan Howard-Berry on his 1st day at his supported employment site.



Ruth Charest holding up her 1st paycheck from her supported employment site.

**Congratulations to the following members for obtaining employment this quarter:**

Matt Corey, Hope Eldridge, Regan Howard-Berry, Jarred Oxton, Kate Greenleaf, Sam Mcguire, George Morgan, Billy Brazier, Nelson Poissoinner, Sara Maschino, Ruth Charest, Antoniette Aloba, Josh Devito, Tyger Pepin, Hannalee Des Iles, Jodi Grant, Kyle Keene, Moe Bynum, Ken Duplessis, Kyle Farmer, Joan Kelly & Chris Lord.

Congratulations to Tony Roarks for accepting a FULL TIME position!!!

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## Transitional Employment Partners





# Education News

## We Welcomed Many Presenters to the Clubhouse this Quarter!

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In an effort to increase awareness surrounding educational opportunities within our program we have reached out to schools and institutes within the community to present at our education breakfasts. In the month of March we welcomed Aveda Institute located right here in Augusta. They informed us of their cosmetology, barber, and aesthetician programs. Interested members followed up by going on a tour.

Helping Hands Trade School, with locations in Waterville and Lewiston, presented at our April breakfast. We were informed of several educational opportunities in the medical professions. We are looking forward to our tour in June!



**AVEDA INSTITUTE  
MAINE**



**Helping Hands  
Trade School**



The book club met in the community at the Maine State Library. Several members got library cards and checked out books to build their literacy skills.



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## Autumn Bilyeu & Jim Belanger Attend Colleague Training



This March, Autumn Bilyeu and Jim Belanger had the pleasure of going to the second oldest training base in the country: beautiful Gateway House in Greenville, South Carolina! They were joined in their second week by warm temperatures, as well as Kip Glidden! Together, the three were able to develop a detailed action plan that involves adding wellness and statistics tracking to all of the units, and will hopefully increase opportunities for everyone to work together more and create stronger relationships in the Clubhouse. The three of them have come back refreshed and full of new vibrancy and ideas that we're all so excited to be a part of!

# Community Connections

We Established Strong Connections with Employers and Community Members.

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## Clubhouse Receives Generous Donation to Employment Fund

### Quarterly Highlights

- Laura Catevenis from Black Bear Support Services presented on entrepreneurship
- Several presentations with Augusta Police Department
- Smoking Cessation presentation
- Courtney from SNAP Presented on healthy eating
- CPR with Brenda Savage
- FAME presentation
- Medical Marijuana education with Rob Rogers



The world is filled with people who want to make a difference, and we were lucky to have one of them visit our Clubhouse. Thank you Douglas Jennings, Esq., for your thoughtful donation to our employment fund. We couldn't do this work without supportive community members like you!

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## Community Members Donate to Monthly Give & Take



Thank you to our community members for donating much needed household items and clothing to monthly swap events. The swaps provide the opportunity for members to obtain needed items for their homes as well as professional interview attire.

## Leah Michaud Photography Donates Time to Photograph Mardi Gras Ball

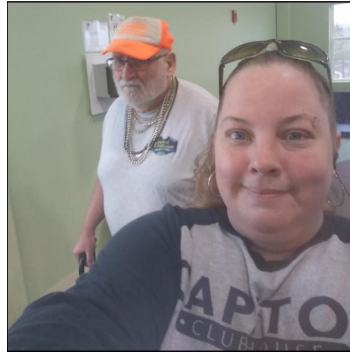


We would like to extend a huge thank you to Leah Michaud, local photographer, for donating her time to photograph our Mardi Gras Ball. The images are beautiful and captured the event perfectly!



# Health & Wellness

## Clubhouse Focuses on Increasing Wellness



The Clubhouse makes trips to the YMCA daily! We create monthly wellness goals and provide each other with support every week to increase our health as a Clubhouse community.

### The Clubhouse Promotes Wellness By:

- ◆ Providing low cost healthy snacks in the café
- ◆ Making well balanced meals in the kitchen
- ◆ Inviting community providers to the Clubhouse to present on health topics
- ◆ Facilitating lunch n' learns on quitting smoking
- ◆ Providing daily support to one another surrounding individual wellness goals which are identified monthly
- ◆ Daily trips to the YMCA



We invited Pear and Trevor, community chefs, to our program to share their culinary skills with us.

## Young Adults Building Skills & Increasing Independence



Jim Belanger, a member of the Young Adult Program, moved into his own independent apartment!



The young adults started a filming project to outreach young adults in the community and inform them of our program. Several young adults shared testimonies about how Clubhouse has helped them reach their goals.

# Capitol Clubhouse Advisory Board

*Jeremy Bouford*, Advisory Board Chair, Admissions Counselor for UMA  
*Cheryl Davis*, Administrator of Community Services for Kennebec Behavioral Health  
*Joyce Gilbert*, Peer Support Specialist for Crisis & Counseling  
*Roxanne Zwaga*, Family Member  
*Kerry Caron*, Legal Secretary, Office of Attorney General  
*Amy Kirkpatrick*, Clubhouse Director  
*Valerie Hunt*, Clubhouse Assistant Director  
*Jeannie Coltart*, Family Member  
*Christian Behr*, Bureau Chief, Information Services and Liaison to Augusta Police Department  
*Jeremiah Ellwell*, Kennebec Journal Staff  
*Kevin Bush*, Peer Support Specialist, KBH



## Weekly Workshops

**Monday:** Clubhouse 101 @ 2pm  
**Tuesday:** Wellness @ 2pm  
**Wednesday:** Employment @ 2pm  
**Thursday:** Policy @ 2pm  
**Friday:** Weekly Wrap-Up @ 2pm

## Lunch N' Learns

**Monday:** Newsletter Committee @ 12:15pm  
**Tuesday:** Drivers Education @ 1:15pm  
**Wednesday:** Book Club @ 12:15pm  
**Thursday:** Quitting Smoking @ 12:15pm  
**Friday:** Young Adult Program @ 12:15pm

## Clubhouse Statistics to Date:

**Total Members Served Since 2002: 967**  
**Active Membership: 133**  
**Average Daily Attendance: 50**  
**Members in Transitional Employment: 17**  
**Members in Supported Employment: 28**  
**Members in Independent Employment: 30**  
**Members in Education: 20**  
**Members participating in Wellness: 85**

